



COUNTRY BEGINNINGS

- Freshly Squeezed Orange, Grapefruit, Simple Fresh Apple 5
- Chef's Fruit Smoothie Du Jour 9
- Equinox Granola Parfait with Berries and Greek Yogurt 12
- Seasonal Farm Stand Fruits & Berries 8
- Buttery Croissant, Bagel or English Muffin 5
- Toast ~ White, Wheat or Rye 5
- Today's Muffins ~ Blueberry, Morning Glory, or Cranberry-Walnut 5
- Greek Yogurt ~ Plain or Berry 5
- Non-Fat Plain Yogurt 5 {with Fruit 8}
- Steel Cut Oatmeal, Brown Sugar & Golden Raisins 10
- Assorted Cold Cereals 6 {add Berries or Sliced Bananas 8}

FARM FRESH EGGS

Eggs Served With Hash Brown Potatoes, Choice of White, Whole Wheat, Raisin, Rye, or Buttermilk Biscuits

- Cage Free {One or Two} Eggs 14
- Any Style with Choice of Applewood Smoked Bacon, Pork Sausage,
Country Ham or House Made Chicken Apple Sausage

- Cage Free & Loving It Omelets 14
- Vegetable: Mushrooms, Spinach, Mixed Fresh Herbs, Peppers, Onion, Tomato, Asparagus
- Cheese: Grafton Cheddar, Vermont Goat, West River Sheep Feta, Fresh Mozzarella
- Meat: Applewood Smoked Bacon, Vermont Country Ham, Pork Sausage, House Made Chicken Apple Sausage

WAFFLES & HOTCAKES

All of Our Waffles and Hotcakes are served with Whipped Butter, Vermont Amber Maple Syrup, or Local Honey

- Buttermilk Pancakes 12
- Equinox Granola Pancakes 14
- Belgian Waffle with Fresh Strawberries & Cream 14
- Cinnamon Apple French Toast 13

NEW ENGLAND FAVORITES

- Spring Quiche Lorraine ~ Asparagus, Spinach, Gruyere, Bacon, served with Mixed Greens 14
- House-Smoked Maine Farm-Raised Salmon, Bagel, Traditional Garnish 16
- Poached Eggs & House Cured Canadian Bacon on English Muffin, Hollandaise Sauce & Fresh Asparagus 14
- Sweet Potato Apple Bacon Hash, Poached Eggs Hollandaise Sauce 14
- Breakfast Sampler ~ Two Eggs, Mini Waffles, Pancake, Applewood Smoked Bacon, Pork Sausage 16
- Vermont Ham & Cheese ~ On a Toasted Brioche Roll with Scrambled Eggs and Hash Brown Potatoes 12

SIDES

- Applewood Smoked Bacon, Vermont Country Ham,
Pork Sausage or House Made Chicken Apple Sausage 4
- Hash Brown Potatoes 4

BEVERAGES

- Green Mountain Coffee & Decaffeinated Coffee 3
- Selection of Black & Herbal Teas 3
- Local Organic Whole, Soy, 2% or Skim Milk 3.75
- Espresso or Cappuccino 7
- Equinox Hot Chocolate 5